**REAL LIFE**

***Notes – Lesson 3***

**REAL LIFE DAILY**

I Samuel 25:2 & 3 – Meaning of Nabal:

 Meaning of Abigail:

I Samuel 25:4 –

I Samuel 25:5-8 –

I Samuel 25:9 – 12

I Samuel 25:13 –

 Psalm 52:2

 Proverbs 23:11

I Samuel 25:14 – 17 –

 Proverbs 11:16 –

 “Consider what you should do …”

I Samuel 25:18 –

 I Peter 3:9

I Samuel 25:19 –

I Samuel 25:20 –

I Samuel 25:21 & 22 –

I Samuel 25:23 –

 “Hurrying” –

I Samuel 25:24 & 25 – “On me alone, my lord, be the blame …” -

**INTENTIONAL ACT OF JOY:**

Start an encouraging conversation either with someone significantly younger than you … or with someone significantly older than you!  While you are shopping, out to eat, doing errands, standing in line, get to know someone from another generation. Be sure and give them a word of encouragement before you end the conversation!

**REAL LIFE DAILY**

**DAY 1 –** Read I Samuel 25:2-8.

What does “Nabal” mean?

What does “Abigail” mean?

Look up what your name means. What do you wish that your name meant?

**DAY 2 –** Read I Samuel 25:2 – 17.

Why did David and his men expect to be invited to the celebration at Nabal’s house?

Was there ever a time when you expected to be included in a gathering but were left out?

How do you deal with rejection or exclusion?

**DAY 3 –** Read I Samuel 25:2 – 24.

Circle the word “hurried” in verse 18 and in verse 23. Why was Abigail hurrying?

Is it ever wrong to hurry?

When is it right to hurry?

**DAY 4 –** Read Psalm 52 and Proverbs 23:11 – 16.

What is the instruction in these two passages about your tongue?

When are you most apt to say the wrong thing? How can you assure that it never happens again?

Is there anyone to whom you need to apologize because of your tongue? Do it today!

**DAY 5 –** Read Proverbs 11:16 and also read Proverbs 31.

Who is the most gracious woman that you know? Write her a note and tell her that you appreciate her.

What are some of the ways that a godly woman is described in Proverbs 31? Which of these attributes describe you?

In what areas of your life do you need to grow in order to be more like the Proverbs 31 gal?

**DAY 6 –** Read I Peter 3:1 – 9.

Make a list of the ways that a woman is supposed to act according to these verses.

Read verse 9 again. Why is it important to give a blessing when others treat you poorly?

**DAY 7 –** Read I Samuel 25:2-24 again.

What is the main lesson that you extract from this story so far?

If you could write an ending to this story, what would it be?